

## [HEALTHY VEAL CUTLET RECIPES](#)



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### **Veal Recipes Allrecipes com**

I've spent extensive time eating my way through Italy. This recipe is modified from a restaurant in Bagnione, Italy. I've substituted a combination of low-salt beef and chicken broth in place of veal stock. Pork medallions, pounded out, are also commonly substituted.

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### **Veal Scaloppine with Lemon Capers Leeks Recipe EatingWell**

Stir in capers, lemon zest, lemon juice, parsley and the remaining teaspoon each salt and pepper. Return the veal and any accumulated juices to the pan. Cook, turning the veal to coat with the sauce, until heated through, 1 to 2 minutes. To serve, divide veal among 4 plates and top with the leek mixture.

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Quick Veal Cacciatore recipe ~ Tender and flavorful, veal cutlets are lean and quick-cooking.

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### **How to Cook a Veal Cutlet Our Everyday Life**

Veal is a chameleonlike meat, offering skilled cooks a range of cooking options and sauces. One simple but much-loved preparation is the veal cutlet, a piece of veal pounded thin and breaded. These are traditionally fried, a technique that scores high for flavor but less so for health.

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### **Balsamic Glazed Veal Cutlets Ricardo**

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### **24 Creative Recipes for Lean Tender Veal**

Veal recipes include recipes using cutlets, chops, and roasts. Veal marsala, veal and mushrooms, veal chops, roast veal, stew, and more.

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Thin and tender veal cutlets, dusted in flour then browned to perfection. Simmered with mushrooms and Marsala wine until it melts in your mouth. Breaded veal cutlets served with crab and asparagus and a cheddar cheese sauce. This technique keeps the meatloaf moist, while fortifying the sauce with its flavorful drippings.

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